



**sorry you got
warcrimed**

a zine about
tear gas

here are some facts

- the gas used on me was CS gas
- it was produced in the USA
- federal agents used it
- CS gas is banned in warfare under the Geneva Convention

this is what happened

you were engaging in
discourse with some
people you disagree with in
a public space

they decided to fight your
words with tear gas

ow! fuck!

i hope you were
wearing respiratory
protection.

i wasn't lol

i couldn't see or breathe.

i was reduced to blind panic.

i was isolated away from medics.

i felt alone, i felt like i might be killed.

it was a terrible experience.



care on-site

aka what i wish i
knew right then

- blow your nose, rinse your mouth, and spit
- shake out any gear you can easily remove
- shake out your hair
- wiggle out your arms and legs.

care off-site

- rinse off everything incl. you in cold water
 - rest.
- soap everything incl. you in hot water
 - rest.
- prep for a bumpy menstrual cycle

rest.

talk about it

with your friends

with your family

with your other family

with your trusted neighbor

with your elected officials

you did nothing wrong.

I wonder if...

we could stop producing CS gas

we could prohibit buying CS gas

anyone has tried using antihistamines

the feds ever learned about de-escalation

people could get asthma inhalers

we are at the beginning of

something better

we are at the end of

something hard

minneapolis, mn

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please share this work!

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sacredbodychur.ch/zines